

# Family Life Programs

at Southwest General

## FAMILY LIFE CLASS SCHEDULES

### CHILDBIRTH EDUCATION

(CLASS INCLUDES LAMAZE INFORMATION)

(Tours are included in class at Southwest General location.)

TUE	5/04/10	6/01/10	7:00 p.m. - 9:00 p.m.	SOUTHWEST GEN
SAT	5/15/10	5/22/10	9:00 a.m. - 1:30 p.m.	SOUTHWEST GEN
SAT	6/12/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
TUE	6/15/10	7/06/10	7:00 p.m. - 9:00 p.m.	SOUTHWEST GEN
WED	7/14/10	8/04/10	7:00 p.m. - 9:00 p.m.	EHRNFELT REC CTR
SAT	7/17/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
MON	7/26/10	8/09/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GEN
SAT	8/21/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
TUE	9/14/10	10/05/10	7:00 p.m. - 9:00 p.m.	SOUTHWEST GEN
SAT	9/18/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
WED	7/14/10	8/04/10	7:00 p.m. - 9:00 p.m.	EHRNFELT REC CTR
SAT	10/16/10	10/23/10	9:00 a.m. - 1:30 p.m.	SOUTHWEST GEN
TUE	10/19/10	11/09/10	7:00 p.m. - 9:00 p.m.	SOUTHWEST GEN
SAT	11/13/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
SAT	12/04/10	1-SAT	9:00 a.m. - 5:30 p.m.	SOUTHWEST GEN
MON	12/06/10	12/20/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GEN

### BOOTCAMP FOR NEW DADS

SAT	5/08/10	9:30 a.m. - 12:00 p.m.	SOUTHWEST GENERAL
THUR	6/17/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL
SAT	7/24/10	9:30 a.m. - 12:00 p.m.	SOUTHWEST GENERAL
THUR	8/26/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL
SAT	10/02/10	9:30 a.m. - 12:00 p.m.	SOUTHWEST GENERAL
FRI	11/19/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL

### BREASTFEEDING

THUR	5/13/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	6/10/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	7/08/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
SAT	8/07/10	9:30 a.m. - 12:30 p.m.	SOUTHWEST GENERAL
THUR	9/09/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	10/14/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	11/11/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
SAT	12/11/10	9:30 a.m. - 12:30 p.m.	SOUTHWEST GENERAL

CONTINUED



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at Southwest General



## HAPPIEST BABY ON THE BLOCK

THUR	6/03/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL
THUR	7/22/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL
SAT	9/11/10	9:30 a.m. - 12:00 p.m.	SOUTHWEST GENERAL
THUR	11/04/10	6:30 p.m. - 9:00 p.m.	SOUTHWEST GENERAL

## INFANT CARE

SAT	5/01/10	9:30 a.m. - 12:30 p.m.	SOUTHWEST GENERAL
TUE	6/08/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	7/01/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
THUR	8/19/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL
SAT	10/09/10	9:30 a.m. - 12:30 p.m.	SOUTHWEST GENERAL
THUR	12/02/10	6:30 p.m. - 9:30 p.m.	SOUTHWEST GENERAL

## MATERNITY TOURS

Contact the Education Department for dates and times.

## SIBLING

THUR	4/22/10	6:30 p.m. - 8:00 p.m.	SOUTHWEST GENERAL
SAT	6/05/10	10:00 a.m. - 11:30 a.m.	SOUTHWEST GENERAL
THUR	7/22/10	6:30 p.m. - 8:00 p.m.	SOUTHWEST GENERAL
SAT	9/11/10	10:00 a.m. - 11:30 a.m.	SOUTHWEST GENERAL
SAT	10/23/10	10:00 a.m. - 11:30 a.m.	SOUTHWEST GENERAL
SAT	12/04/10	10:00 a.m. - 11:30 a.m.	SOUTHWEST GENERAL

## SOUTHWEST SAFE SITTER

SAT	6/05/10	6/12/10	9:30 a.m. - 1:30 p.m.	SOUTHWEST GENERAL
FRI	7/16/10	1-DAY	9:00 a.m. - 5:00 p.m.	SOUTHWEST GENERAL
SAT	8/07/10	8/14/10	9:30 a.m. - 1:30 p.m.	STRONGS/ EHRNFELT
SAT	9/25/10	10/02/10	9:30 a.m. - 1:30 p.m.	BRUNSWICK REC CTR
SAT	11/06/10	11/13/10	9:30 a.m. - 1:30 p.m.	STRONGS/ EHRNFELT
SAT	12/11/10	12/18/10	9:30 a.m. - 1:30 p.m.	STRONGS/ EHRNFELT

Note: Class dates may be changed or cancelled without notice.  
Contact the Education Department (440-816-8036) for updated  
Information.