



**Southwest General**

Partnering with



University Hospitals



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**2019**

**Community Health Needs Assessment  
Executive Summary**

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Southwest General Health Center  
Middleburg Heights, OH

# CHNA Priority: Chronic Disease Management and Prevention

## Strategy 1:

- Continue to increase Southwest's education, awareness, and screening outreach efforts for those individuals who have chronic diseases and reach those who are at risk for chronic disease
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## Goals:

- Promote healthy lifestyle behaviors including exercise, nutrition, and stress management
  - Increase awareness and education of chronic disease self-management skills
  - Provide access to care at the chronic care clinic for those who need stabilization of health conditions and continuous maintenance
  - Increase screening programs: mammograms, colorectal, diabetes, cancer
  - Reduce the incidence of cardiovascular, pulmonary, renal, and stroke disease through early detection and prevention
  - Increase understanding of warning signs and high-risk behaviors
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## Objectives:

- Obtain 90% completion of the wellness visits by the providers
  - Increase the volume number of individuals who attend the screening programs by 20%
  - Offer chronic disease maintenance and stabilization through the centralized chronic care clinic
  - Provide appointments at the chronic care clinic for those that do not have a PCP
  - Expand chronic care management and transitional care management services to patients under independent providers
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## Anticipated Outcomes:

- Increase the number of individuals who are educated and screened for a chronic condition to help them live healthier lives.
  - Increase the number of individuals who participate in care coordination support programs
  - Improve awareness of the behaviors that lead to risk factors for a chronic condition
  - Increase knowledge about warning signs related to high-risk populations
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## Indicators used to measure the impact of outcomes:

- Readmission rate due to an exacerbation of a chronic condition
  - Length of stay for patient's who have a chronic condition
  - Diabetic patients who have their A1C under control
  - Annual wellness exam
  - Census in care coordination program
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## Collaboration and Partnerships:

- American Heart and Stroke Association, City of Strongsville, Columbia Station High School, SWG Providers

# CHNA Priority: Community Conditions: Poverty; Violence; Safety

## Strategy 2:

- Continue to increase Southwest General's participation in community activities that identify and target poverty, violence, and safety in the surrounding cities
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## Goals:

- Improve the quality of life for those individuals who are in the surrounding communities of SWG
  - Improve risk stratification efforts and identification methods regarding barriers
  - Provide safe and cost-effective transportation to those individuals who do not have the resources or funds for transportation to and from their medical appointments
  - Expand access to basic health screening programs to underserved areas
  - Expand SWG's medication assistance program
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## Objectives:

- Incorporate social determinants of health screenings and assessments when care is delivered
  - Provide community education focused on resources and programs that assist with poverty, violence and safety concerns
  - Expand operations of SWG's van service
  - Increase collaboration with community agencies to offer support services on health needs
  - Meet with area school leadership to provide needed education on violence and safety
  - Expand screenings to identify patients in need medication assistance help
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## Anticipated Outcomes:

- An increase in outreach programs for the underserved from those identified
  - An increase in educational materials and community knowledge regarding violence and safety
  - An increase in individuals who receive the necessary medication and transportation needed to control their chronic disease
  - An increased use of transportation services offered through SWG
  - A decrease in avoidable readmissions due to barriers of care from a poverty status or a social determinant of health
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## Indicators used to measure impact of outcomes:

- The number of rides offered/ transportation made for patients
  - The rate of low cost prescriptions/ medication provided
  - Readmission rate associated to barriers of care
  - Inventory of education materials shared to the community
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## Collaboration and Partnerships:

- City of Strongsville, Columbia Station High School, SWG Providers; Local Law Enforcement

# CHNA Priority: Mental Health and Addiction

## Strategy 3:

- Continue to increase Southwest's participation in community activities that target mental health and addiction including opioids and substance abuse
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## Goals:

- Improve the quality of life for those individuals who are in the surrounding communities of SWG
  - Improve continuity of care and access to mental health services
  - Decrease the use of Opioids in SWG communities
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## Objectives:

- Provide education and support to the communities around SWG demonstrating a need for increase access to mental health services and continuity of care
  - Increase collaboration with community agencies to offer support services with the SWG communities
  - Meet with area school leadership to provide needed education mental health, and substance abuse
  - Continue to participate in the Safe Passages program
  - Limit the length of all opioid prescriptions
  - Use of the Ohio Automated RX reporting System database
  - No replacement for lost opioids
  - Peer to peer program
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## Anticipated Outcomes:

- An increase in outreach programs regarding mental health and substance abuse
  - An increase in education and support for students within the local school district
  - An increase in collaborating with local community-based mental health agencies
  - A decrease in the SWG communities of opioid related issues
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## Indicators used to measure impact of outcomes:

- 2% Increase the number of participants in the outpatient addiction program
  - 2% increase in the number of participants in the inpatient BreakThru® program
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## Collaboration and Partnerships:

- City of Strongsville, Columbia Station High School, SWG Providers; Local Law Enforcement; Baldwin Wallace University, The Center for Health Affairs