

# SAFESITTER

Designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!



**Wednesday, July 24, 2024**

**9:00 am - 1:30 pm**

**Southwest General Hospital  
Jones Atrium**

(basement of the hospital, room access is off the cafeteria)  
**18697 Bagley Rd, Middleburg Heights, OH 44130**

## REGISTRATION INFORMATION

**Class fee is \$50.**

**Students should bring a sack lunch.**

**Both payment and registration must be submitted to enroll your child in the class.**

**CALL 216.983.1110**

**EMAIL [Rachel.Branham@UHhospitals.org](mailto:Rachel.Branham@UHhospitals.org)**



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## SAFE SITTER® CLASS CONTENT



### SAFETY SKILLS

Students learn how to prevent unsafe situations and what to do when faced with dangers such as power failures or weather emergencies.



### FIRST AID & RESCUE SKILLS

Students will learn a system to help them assess and respond to injuries and illnesses.



### LIFE & BUSINESS SKILLS

The ability to screen jobs, discuss fees, and greet employers will set students up for success now and in the future. Students practice these skills through various role plays.



### CHILD CARE SKILLS

Students learn tips to manage behavior that will help them stay in control of themselves and the children in their care. Students also learn the ages and stages of child development, as well as practice diapering.

FOR FUTURE CLASS OFFERINGS:

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